

# **LNJSA Guidelines**

## **Under 6 Miniroos**

### 4 v 4 (4 players)

Game lengths: 2 x 15 min games with a 5-minute break / Size 3 ball

Pitch size: 20 x 30 m / Goals: pop-up portable goals

MINIROOS GAMES RULES APPLY. THERE IS NO LEAGUE TABLE.

The focus of the MINIROOS Games is participation. Coaches are encouraged to split the squad into even teams. If numbers are low, then players can be borrowed from the opposite squad.

As a mark of respect, players are asked to shake hands with opposition players and officials before and after the game.

#### **GOALS AND EQUIPMENT**

The home team is to supply the pop-up goals and the match ball.

No referees are needed, parents take on this role through guidance and advice.

No match cards are needed.

### **Under 7s Miniroos**

Game lengths: 2 x 15 min games with a 5-minute break / Size 3 ball

Pitch size: 20 x 30 m / Goals: pop-up portable goals

MINIROOS GAMES RULES APPLY. THERE IS NO LEAGUE TABLE.

TABLE. RESULTS ARE NOT RECORDED.

The focus of the MINIROOS Games is participation.

#### **GOALS AND EQUIPMENT**

The home team is to supply goals and the match ball.

Instructing referee guides and encourages the players throughout the game.

No match cards are needed.

### **Under 8s Miniroos**

Format - 7 v 7 (6 field players + goal keeper)

Game lengths: 2 x 20 min games with a 5 minute break / Size 3 ball

Pitch size: 30 x 40 m / Goals: 2.5 x 3 m

MINIROOS GAMES RULES APPLY. THERE IS NO LEAGUE

TABLE. RESULTS ARE NOT RECORDED.

The focus of the MINIROOS Games is participation.

#### **GOALS AND EQUIPMENT**

The home team is to supply goals and the match ball.

Instructing referee guides and encourages the players throughout the game.

No match cards are needed.

### **Under 9s Miniroos**

Format - 7 v 7 (6 field players + goal keeper)

Game lengths: 2 x 20 min games with a 5-minute break / Size 3 ball

Pitch size: 30 x 40 m / Goals: 2.5 x 3 m

MINIROOS GAMES RULES APPLY. THERE IS NO LEAGUE TABLE. RESULTS ARE NOT RECORDED.

#### **GOALS AND EQUIPMENT**

The home team is to supply goals and the match ball.

Instructing referee guides and encourages the players throughout the game.

No match cards are needed.

### **Under 10s Miniroos**

Format - 9 v 9 (8 field players + goal keeper)

Game lengths: 2 x 25 min halves with a 5-minute break / Size 4 ball

Pitch size: Length: 60m - 70m Width: 40m x 50m / Goals: 2 x 5 m

MINIROOS GAMES RULES APPLY. THERE IS NO LEAGUE TABLE. RESULTS ARE NOT RECORDED.

The focus of the MINIROOS Games is participation.

#### **GOALS AND EQUIPMENT**

The home team is to supply goals and the match ball.

Instructing referee guides and encourages the players throughout the game.

No match cards are needed.

### **Under 11s Miniroos**

Format - 9 v 9 (8 field players + goal keeper)

Game lengths: 2 x 25 min halves with a 5-minute break / Size 4 ball

Pitch size: Length: 60m - 70m Width: 40m x 50m / Goals: 2 x 5 m

MINIROOS GAMES RULES APPLY. THERE IS NO LEAGUE TABLE. RESULTS ARE NOT RECORDED.

The focus of the MINIROOS Games is participation.

#### **GOALS AND EQUIPMENT**

The home team is to supply goals and the match ball.

Instructing referee guides and encourages the players throughout the game.

No match cards are needed.

### **Under 12s Miniroos**

Format - 9 v 9 (8 field players + goal keeper)

Game lengths: 2 x 25 min halves with a 5-minute break / Size 4 ball

Pitch size: Length: 60m - 70m Width: 40m x 50m / Goals: 2 x 5 m

MINIROOS GAMES RULES APPLY. THERE IS NO LEAGUE TABLE. RESULTS ARE NOT RECORDED.

INTERCHANGE POSSIBLE AT ALL TIMES.

The focus of the MINIROOS Games is participation.

### **GOALS AND EQUIPMENT**

The home team is to supply goals and the match ball.

Instructing referee guides and encourages the players throughout the game.

No match cards are needed.

### **Under 13s FIFA**

Format - 11 v 11 (10 field players + goal keeper)

Game lengths: 2 x 30 min halves with a 10-minute break / Size 4 ball

Pitch size: Full FIFA pitch and goal

PROPER FIFA RULES APPLY. INTERCHANGE IS POSSIBLE AT ANY TIMES BUT REFEREE MUST BE NOTIFIED. SUBSTITUTE PLAYERS MUST WEAR A BIB.

#### **NETS AND EQUIPMENT, LINESMEN**

TEAMS PLAYING AT 9 AM ARE TO PUT UP NETS. TEAMS PLAYING THE LAST GAME ARE TO PULL DOWN NETS AND RETURN TO EQUIPMENT ROOM.

FAILURE TO COMPLY WILL RESULT IN THE CLUB RECEIVING A \$10.00 FINE.

EACH TEAM MUST PROVIDE A LINESMAN EQUIPPED WITH A FIFA-STANDARD LINESMAN FLAG AND A FLUORESCENT-ORANGE BIB.

### REFEREE AND MATCHBALL

FIRST MENTIONED TEAM IS TO PROVIDE THE REFEREE AND THE MATCHBALL. IF CLUBS DO NOT SUPPLY REFEREES A \$50.00 FINE MAY APPLY.

#### **MATCHCARDS**

FIRST MENTIONED TEAM SUPPLIES THE MATCHCARD AND ENSURES THAT THE MATCHCARD Take PHOTO OF THE MATCH CARD AND SEND TO MATCH RECORDER IS CORRECTLY DEPOSITED IN THE CARD COLLECTION BOX.

### **Under 14s FIFA**

Format - 11 v 11 (10 field players + goal keeper)

Game lengths: 2 x 30 min halves with a 10 minute break / Size 5 ball

Pitch size: Full FIFA pitch and goal

PROPER FIFA RULES APPLY. INTERCHANGE IS POSSIBLE AT ANY TIMES BUT REFEREE MUST BE NOTIFIED. SUBSTITUTE PLAYERS MUST WEAR A BIB.

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EACH TEAM MUST PROVIDE A LINESMAN EQUIPPED WITH A FIFA-STANDARD LINESMAN FLAG AND A FLUORESCENT-ORANGE BIB.

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### **Under 15s FIFA**

Format - 11 v 11 (10 field players + goal keeper)

Game lengths: 2 x 35 min halves with a 10-minute break / Size 5 ball

Pitch size: Full FIFA pitch and goal

PROPER FIFA RULES APPLY. INTERCHANGE IS POSSIBLE AT ANY TIMES BUT REFEREE MUST BE NOTIFIED. SUBSTITUTE PLAYERS MUST WEAR A BIB.

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# Youth League FIFA

YL - 11 v 11 (10 field players + goal keeper)

Game lengths: 2 x 40 min halves with a 10-minute break / Size 5 ball

Pitch size: Full FIFA pitch and goal

PROPER FIFA RULES APPLY. INTERCHANGE IS POSSIBLE AT ANY TIMES BUT REFEREE MUST BE NOTIFIED. SUBSTITUTE PLAYERS MUST WEAR A BIB.

#### **NETS AND EQUIPMENT, LINESMEN**

EACH TEAM MUST PROVIDE A LINESMAN EQUIPPED WITH A FIFA-STANDARD LINESMAN FLAG AND A BIB.

#### REFEREE AND MATCHBALL

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- It is compulsory for teams to show appropriate marks of respect to opposition players, coaches, and officials. Before the game starts, both teams walk onto the field in parallel lines, then shake hands with the referee, lines people and opposition players.
- In acknowledgement of healthy sporting practices, it is appreciated if spectators refrain from smoking on or near the sporting fields.
- PLAYERS, COACHES AND PARENTS PLEASE RESPECT THE OFFICIAL'S DECISIONS